Ideas for Combating Student Resistance



As you make changes in your school district, please use these tips to combat student resistance.

Inform students of the changes.

Engage students in meetings when nutrition or physical activity changes are discussed. Ask them for their ideas and opinions.

Include students in the sampling of new products and ideas before offering them for sale or implementing them in your district.

Be positive about the changes that are being made in your school.

Be patient with students as they adjust to the changes being made.

Be creative as you market changes in your school to students.

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